

The ROCK POINT INN

LYME REGIS CIRCA 1790

Menu with wheat and gluten information

Please let a team member know if you have any dietary requirements or allergies.*

STARTERS

- Soup of the Day** herb croutons, bread and butter. (v) £6.50 - *Contains wheat. Non-gluten option.*
- Crispy Calamari** sweet chilli and coriander mayo, salad garnish, lemon. £7.50 - *Contains wheat.*
- Chicken Liver Parfait** caramelised onion chutney, toasted ciabatta. £7.00 - *Contains wheat. Non-gluten option.*
- Warm Pitta and Houmous** olives, cucumber, sun-blushed tomato. (vg) £6.50 - *Contains wheat.*
- Deep-Fried Cornish Camembert** chilli jam, crostini. £8.00 - *Contains wheat.*
- Potted Devon Crab** toasted ciabatta, charred lemon. £9.00 - *Contains wheat. Non-gluten option.*

MAINS

- Atlantic Cod Deep-Fried in Tribute Ale Batter** chips, mushy peas, Cornish seaweed salt. £13.50
- *Contains wheat. Non-gluten option.*
- West Country Cheese Burger** 6oz burger, Monterey Jack cheese slice, pickled red onion, homemade burger mayo, lettuce, fries.
£13.00 - *Contains wheat. Non-gluten option.*
- Orange, Beetroot and Watercress Salad** Dorset Blue Vinney cheese, Dorset honey and mustard dressing. £14.00
- *Non-gluten ingredients.*
- Roasted Squash and Beetroot Falafels** dressed mixed leaves, cucumber, pomegranate, cranberries, toasted pumpkin seeds. (vg) £13.00 - *Non-gluten ingredients.*
- Golden Wholetail Scampi** chips, garden peas, tartare sauce. £12.00 - *Contains wheat.*
- Slow Braised West Country Beef Brisket** horseradish mash, greens, carrots, Proper Job IPA onion gravy. £15.00 - *Contains wheat.*
- Smoked Haddock and Mussel Chowder** poached egg, ciabatta. £13.00 - *Contains wheat.*
- West Country 8oz Rib-Eye Steak** roasted vine tomatoes, grilled field mushroom, chips, coleslaw. £22.00 - *Non-gluten ingredients.*

DESSERTS

- Sticky Toffee Pudding**
toffee sauce, clotted cream. (v) £6.00 - *Contains wheat.*
- Triple Chocolate Brownie** raspberry coulis,
Cornish clotted cream. £6.00 - *Non-gluten ingredients.*
- Winter Berry Mess** meringue shards, Chantilly cream,
winter fruits, chocolate sauce. £6.00 - *Non-gluten ingredients.*
- Trio of Ice Cream or Sorbet** vanilla or chocolate ice cream,
mango or strawberry sorbet. (v/vgo) £4.50 - *Non-gluten ingredients.*
- Cornish Sea Salt Chocolate Truffle Torte** spiced ginger
base, clotted cream, fruit coulis. £6.00 - *Contains wheat.*
- West Country Cheese Board** Cornish Camembert,
Local Blue and Mature Cheddar, Tribute ale chutney,
crackers and grapes. £9.00 - *Contains wheat.*

SANDWICHES AND WRAPS

Available from 12-5pm. Served with salad garnish and crisps.

- Hand-Picked White Crab** lemon mayo.
Subject to availability. £14.50
- Egg, Cress and Heritage Tomatoes** (v) £8.50
- Coronation Chicken** gem lettuce £8.50
- Beetroot Falafel Wrap** carrot tapenade, lettuce,
tomato. (vg) £8.00
- *All contain wheat. Non-gluten option.*

SIDES

- Chips (vg) £3.50 / Fries (vg) £3.50
Cheesy Chips (v) £4.50 / Side Salad (vg) £3.50
Seasonal Vegetables (vg) £4.00
- *All non-gluten ingredients.*
- Garlic Bread (vg) £3.00 - *Contains wheat.*
- Invisible Chips - 0% Fat, 100% Hospitality £2.00**

(v) vegetarian / (vo) vegetarian option / (vg) vegan / (vgo) vegan option.

*Information about all other allergens is recorded and available upon request.

Please note we take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchens. If you would like further information on our preparation methods, please ask one of our team members.

This is a recyclable, single-use menu printed on 100% recycled paper.

**All proceeds raised from invisible chips sales will be donated to Hospitality Action, which is helping people in hospitality worst affected by the Covid crisis. Thanks for chipping in.

Visit hospitalityaction.org.uk for more details.